

How Invisalign® treatment works

Your teen can get their new smile in **3 easy steps.**

1. Consultation

At your initial consultation, your Invisalign trained doctor will help visualise your teen's future smile using an iTero™ scanner² and tools that show 3D images of your teen's teeth.

The doctor will then use ClinCheck® software to map out the journey to your teen's new smile, allowing you to see the movement of each tooth and providing you with an estimated treatment timeline and plan.



2. Treatment

Your teen will receive a series of custom-made aligners to wear every day and change at home, on average every 1-2 weeks. They can comfortably be worn for the recommended 22 hours a day. Progress is monitored by a doctor every 6-8 weeks.



3. Smile

Your teen's new smile is here! Thanks to Invisalign clear aligners, this is achieved faster^{3,4} than with braces - average Invisalign treatment lasts 12 to 18 months⁵.

Their smile is easier to maintain with Vivera™ retainers which are uniquely trimmed based on your teen's gumline for optimal comfort⁶.



Your teen's smile journey is easily trackable with My Invisalign™ App

Stay in constant contact with your teen's Invisalign® treatment journey, all from a mobile device.



➤ Ask your doctor about Invisalign treatment for your teen today.

References:

1. In a pain score of 1-9, 1 being extremely painful and 9 not at all painful, Invisalign teenager patients (age 13-18 n=106) rated pain score of 5.5 vs traditional metal braces teenager patients (age 13-18 n=141) rated pain score of 5.1.
2. Compared to Invisalign aligners previously made from single-layer (EX30) material.
3. Study sponsored by Align Technology and based on adult Class I, nonextraction, mild to moderate crowding cases with SmartTrack material. David W. White, Katie G. Julien, Heider Jacob, Phillip M. Campbell and Peter H. Buschang. Discomfort associated with Invisalign and traditional brackets: A randomized, prospective trial. The Angle Orthodontist Nov 2017, Vol. 87, No. 6 pp. 801-808
4. Meeran N. Iatrogenic possibilities of orthodontic treatment and modalities of prevention. J Orthod Sci 2013;2(3):73-86.
5. Based on lower modified sulcus bleeding index (SBI) and Plaque Index (PI) with average treatment time of 12.9 ± 7.2 month (fixed appliances) 12.6 ± 7.4 months (Invisalign treatment) on 100 patients (age 11-62, 50 fixed appliances, 50 Invisalign treatment). Azaripour A, et al. Braces versus Invisalign®: gingival parameters and patients' satisfaction during treatment: a cross-sectional study. BMC Oral Health 2015;15:69.
6. Moolya N, et al. Orthodontic bracket designs and their impact on microbial profile and periodontal disease: A clinical trial. J Orthod Sci 2014;3(4):125-31.
7. Data on File at Align Technology, as of July 12 2017. "Based on a global claims survey by Actionable Research of Invisalign providers, respondents were asked the following question: In what percent of cases do patients require an emergency visit? (Global respondents N= 898).
8. Gu, J et al. Evaluation of Invisalign treatment effectiveness and efficiency compared with conventional fixed appliances using the Peer Assessment Rating index. Am J Orthod Dentofacial Orthop February 2017;151:259-66.
9. Buschang, P et al. Comparative time efficiency of aligner therapy and conventional edgewise braces. Angle Orthodontist, Vol 84, No 3, 2014.

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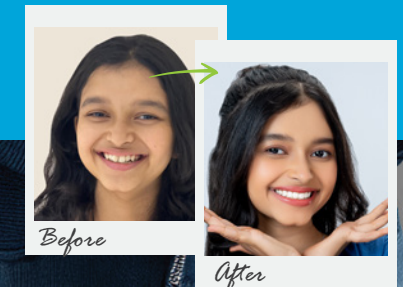


Show off your Confident smile. with Invisalign!



Shriya Deshpande

Student, 16 years
Real Invisalign User

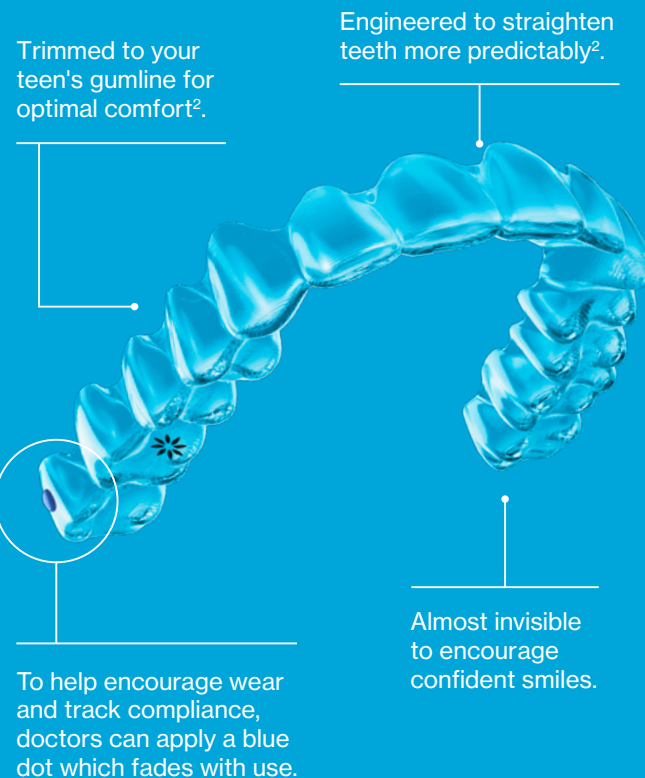


invis is customised care for your teen's unique needs.

Invisalign® clear aligners are **custom-made**. Your teen will enjoy more predictable² and comfortable³ teeth straightening, thanks to our patented SmartTrack™ technology.

Your teen will also receive customised care and support throughout their treatment from your trusted **Invisalign trained doctor**.

Key advantages of Invisalign clear aligners for your teen.



10 things parents need to know about Invisalign® treatment.

01 What is Invisalign treatment?

The Invisalign System is the virtually invisible way to straighten your teen's teeth without the restrictions that come with traditional braces. Rather than wires and brackets, the Invisalign System uses a series of clear, removable aligners that have been custom-made for your teen's teeth. Your teen simply wears them over their teeth and changes them out for a new set of aligners approximately every 1-2 weeks. Little by little, your teen's teeth gradually shift into place, achieving that confident smile.

02 What are some of the practical advantages of Invisalign aligners over traditional braces?

With the Invisalign System, the aligners are removable, so your teen can continue to play sports as they would normally. They can also carry on playing musical instruments properly. With braces, there is a long list of foods your teen shouldn't eat, from popcorn to whole apples and raw carrots. With Invisalign treatment, there are no such restrictions. The removable aligners make it easy to brush and floss normally to maintain proper oral hygiene.

03 Are there any emotional concerns to consider?

With Invisalign treatment, no one needs to know your teen is straightening their teeth, giving them the confidence to be themselves in front of everyone.

04 How long does Invisalign treatment take?

The average treatment time is about the same as with traditional braces, but the actual length of your teen's treatment depends on the severity of their condition and can only be determined by your doctor.

05 Does my teen have to wear Invisalign aligners all the time?

Invisalign clear aligners are most effective when worn 22 hours per day and changed approximately every 1-2 weeks. Plus Invisalign treatment has the option of including a compliance indicator in each aligner; this is a blue indicator that fades over time when used as directed, to help the doctor track compliance.

06 How much time will be spent visiting the doctor?

Invisalign treatment for your teen often requires less time with your doctor than traditional braces. There are no adjustments to make, no broken wires to fix. After the initial appointment, follow-up appointments are usually scheduled every 6-8 weeks.

07 Is Invisalign treatment as effective as traditional braces?

Yes. When worn according to the recommendations of an experienced Invisalign trained doctor, Invisalign treatment for teens can be as effective as traditional braces for the most common teeth-straightening issues. The Invisalign System can effectively treat mild to severe cases, including underbite, overbite, overcrowding and gaps between teeth. The chances are that your teen will be a great candidate for Invisalign treatment.

08 What happens if an aligner gets lost?

Not to worry - your doctor can arrange replacement aligners. Depending upon the treatment plan agreed to with your doctor there could be no charge for the additional aligners. In the event that an aligner is lost, you should inform your doctor right away.

09 Who is suitable for Invisalign treatment?

Invisalign treatment can be used for teens who have erupting or erupted permanent dentition - this includes most teenagers. An Invisalign trained doctor should evaluate your teen's specific dental issues to determine eligibility.

10 How much does Invisalign treatment cost?

Invisalign treatment can cost about the same as traditional braces. Costs for orthodontic treatment can vary with location and with the complexity of treatment - see an Invisalign trained doctor for full details. Also, many doctors offer flexible and affordable monthly payments plans.